

# EUROPEAN UNIVERSITIES ROWING CHAMPIONSHIP TECHNICAL HANDBOOK

6-9 September 2022

## Istanbul



**İSTANBUL** 2022

EUROPEAN UNIVERSITIES  
ROWING CHAMPIONSHIP

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**EUSA**

# 12<sup>th</sup> European Universities Rowing Championship

## 7-9 September 2022 on Golden Horne in Istanbul, Türkiye

**Organizer:** European University Sports Association (EUSA)

Hosts



o Yeditepe University



o Turkish University Sports Federation (TUSF)

Partner



o The Ministry of Youth and Sports of Republic of Türkiye



o Türkiye Rowing Federation



o Fatih Municipality

Instagram: [@eusarowing](https://www.instagram.com/eusarowing)

Twitter: [@eusarowing](https://twitter.com/eusarowing)

Facebook: [@eusarowing](https://www.facebook.com/eusarowing)

Website: [www.rowing2022.eusa.eu](http://www.rowing2022.eusa.eu)

Email: [rowing2022@eusa.eu](mailto:rowing2022@eusa.eu)

**Follow the action live via our Instagram account and on EUSA News!**

Available on the [event website](http://www.rowing2022.eusa.eu).

## I. Welcome Messages

### o **Message from EUSA president**



Dear friends of university rowing,

European University Sports Association recognises rowing as one of the key sports in our events, so I am extremely happy we were able to offer it in 2022 on the EUSA sports programme as well.

After the pandemic restrictions, the time has come to meet and compete again, following guidelines and precautions to still do in in a safe way.

On behalf of my colleagues in the EUSA Executive Committee and on my personal behalf, let me thank you for attending and wish you best of luck in Istanbul. Thanks to the cooperation of the local organising committee, full engagement of the Turkish University Sports Federation and Yeditepe University, we can all look forward to a great event!

*Adam Roczek*

*President of the European University Sports Association (EUSA)*

○ **Message from NUSA president**



Dear Friends,

**It is really a great pleasure to welcome you to here in İstanbul, where two continents meet, on the occasion of the European Universities Rowing Championship 2022.**

Turkish University Sports Federation already welcomed participants in 5th European 2008, Universities Beach Volleyball Championship in 9th European Universities Football Table Championship 2011, 6th European Universities Tennis Championship 2013, 11th European Universities Futsal Championship 2017.

Based on our experiences, we guarantee that, this Championship will be a pleasant experience for all of you.

We are really happy to welcome students from all Europe, and also you will have chance to compete with great high level university competition, meet new friends and culture.

On behalf of the Turkish University Sports Federation, I wish to all participants success and a **pleasant stay and great time in İstanbul.**

**We look forward to seeing you all in our beautiful city in İstanbul.**

*Prof. Dr. Mehmet GÜNAY*

*President of the Turkish University Sports Federation*

- **Message From EUSA Technical Delegate**



Dear friends of the University Rowing,

Dear Istanbul friends

It is a real pleasure to meet here in Istanbul, this wonderful city steeped in so much history in connection with our European continent.

The maritime vocation of Istanbul no longer needs to be demonstrated and Rowing even more so as the city has a long tradition of practice of our sport. Wasn't Mustafa Kemal Ataturk a fan of rowing!

Istanbul has been also an historical knowledge production center and continues to be so today

The very large number of universities bears witness to this today and the place of University Rowing is very strong there, like at the University of Yeditepe.

The Turkish University Federation and Yeditepe University today takes up the challenge of organizing, with the support of the Turkish Rowing Federation, our EUSA championship.

There is no doubt that it will be a great success, thus demonstrating that its title of best European university at the last EUSA games was fully deserved.

I am sure that rowing on the "Golden Horn", at the foot of the old city of Istanbul will remain an unforgettable memory for all of us.

I wish you all the best possible results and may the best win.

*Lionel GIRARD*

*EUSA ROWING TD*

○ **Message From OC Project Leader**



Dear Athletes,

Welcome to 2022 European Universities Rowing Championship, hosted by Yeditepe University and conducted by Turkish Association for University Sports and Turkish Rowing Federation.

Located at the meeting point of Asia and Europe, Istanbul is one of the greatest cities of Turkey and Europe with its thousands of years old cultural heritage, rich demographic structure with various nationalities, and important events it hosts.

As Yeditepe University, we have continuously supported sports and athletes since we were founded. Thanks to the opportunities we can provide to our students, we are proud of the accomplishments of our 55 teams in 38 branches, in national and international level.

We are happy to host European Universities Rowing Championship, to be held at Golden Horn this year.

I wish all the athletes a championship that is successful, full of great memories and great health.

*Prof. Dr. Canan Aykut Bingöl*  
*Yeditepe University*  
*Rector*

## Local organizing committee



**General Coordinator:**  
Taner Karabulut  
(Yeditepe University Sport Manager  
tkarabulut@yeditepe.edu.tr +90 532  
381 89 58



[cagatay.sekeroz@yeditepe.edu.tr](mailto:cagatay.sekeroz@yeditepe.edu.tr)



**Accreditation:**  
Müslüm Gülhan  
muslumgulhan@hotmail.com  
(TUSF Technical Committees  
Coordinator)  
+90 532 344 42 44



**Catering**  
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Üniversitesi)  
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**Lectures, Special Programs :**  
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**Security, medical, community outreach :**  
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**Competition  
Director :**  
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Şekeröz  
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Üniversitesi)  
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56 17

**Project Coordinator, Events Communications:**

**İbrahim Erdoğan** (TUSF Executive

Board Member) [kuzgun2002@gmail.com](mailto:kuzgun2002@gmail.com)

**Leader of Volunteers:**

**Şenol Güneş**

(Sports Volunteers Association) +90 532 138 05 97

[senolguness@gmail.com](mailto:senolguness@gmail.com)

**Opening and Closing Ceremony Manager :**

**İsmail Dalan** (Yeditepe Üniversitesi )

[ismail.dalan@yeditepe.edu.tr](mailto:ismail.dalan@yeditepe.edu.tr) +90 531 811 42 24

**Accommodation &  
transportation :**

Eren Can (Yeditepe Üniversitesi)

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**Transportation:**

Toygun Tezcan (Yeditepe  
Üniversitesi)

[toygun.tezcan@istek.org.tr](mailto:toygun.tezcan@istek.org.tr)

+90 533 321 15 55



## 1.2 Event Area Supervisors:

**Competition Director: Yalçın Özcan** ([yalcin.ozcan@tkf.gov.tr](mailto:yalcin.ozcan@tkf.gov.tr)) –  
Representative of the Turkish Rowing Federation

## General Administration and Coordination

- ☒ Prof. Dr. Burhanettin Hacıcaferoğulları (**Head of General Administration and Coordination**, Provincial Directorate of Youth and Sports of Istanbul)
- ☒ Seyda Dursun (General Administrative and Coordination Assistant)
- ☐ Ersin Gençtürk [ersin@sportworks.com.tr](mailto:ersin@sportworks.com.tr) +90 549 767 13 00
- ☒ Hasan Morgil – (President of Fatih Municipality Haliç Water Sports Club) +90 532 215 76 12
- ☒ **Selmanur Şener** – (Communication Specialist) +90 531 947 20 15  
– selmanursener@gmail.com

## II. General info about rowing

### 1 Rowing in Host Country

The Canoe and Rowing Sports Center, which was brought to the district with the support of the Ministry of Youth and Sports, continues to provide canoe and rowing trainings with its experienced staff of trainers. It also hosted the Rowing Fetih Sporfest Türkiye Championship, organized by the Türkiye University Sports Federation in 2022.

In Türkiye there are about 8115 members in 57 club actively rowing. Surrounded by the sea on three sides, Türkiye plays a major role in the development of rowing sports with its weather conditions suitable for rowing. Istanbul was established in the northwest of Turkey, along the Marmara coast and the Bosphorus, surrounding the Golden Horn.

## **About Türkiye University Sports Federation (TUSF)**

Türkiye University Sports Federation develop, coordinate and represent Türkiye university sports through competitions, education and impact work nationally and internationally.

Its aim is to promote sports at all levels in a multi-faceted way, to popularize it, to do the necessary work to direct it to sports, to carry out domestic and international competitions and activities to be held between universities and to ensure coordination between these institutions.

At present the federation has more than 25 000 members, associated in more than 60 branch. Türkiye University Sports Federation arranges several national university championships every year, which is determined in various sports and is aimed for athletes on all levels.

Turkish University Sports Federation already welcomed participants in 5th European Universities Beach Volleyball Championship in 2008, 9th European Universities Football Championship 2011, 6th European Universities Table Tennis Championship 2013, 11th European Universities Futsal Championship 2017.

## **3 EUSA**

The European University Sports Association (EUSA) is an umbrella organization that comprises National University Sports Associations (NUSA) from 47 European countries, providing sporting activities, educational events, and expertise in policy making and programming. The organization is well known within the sector as a safe and strong voice for University sports in Europe, promoting fair play values, and supporting their membership by partnering with European Sports Federations and lobbying within the European Union, the Council of Europe and other institutions for funding to improve the provision of sport. EUSA is a proud and active associated member of the International University Sports Federation (FISU) and works with other Continental University Sports Federations (CUSF).”

## **EUSA Activities**

### **Sport Events**

#### **European Universities Games**

European Universities Games (EUG) is a multi-sport university sports competition governed by the European University Sports Association (EUSA). Participants in these events are European university teams and individuals.

The Games are organized on a biannual basis, starting with 2012, with European Universities Championships being organized in even years as the individual events. The Games as such represent the largest European multisport student event.

The latest European Universities Games taking place in Poland's third-biggest city Lodz as sixth edition of the European Universities Games.



## European Universities Championships

European Universities Championships (EUC) are university sports competitions governed by the European University Sports Association (EUSA). In 2019 a total of 21 different sports were included in the Sports Program of the Championships. Participants in these events are European university teams and individuals.



## Cups, Patronage, Joint Event

The title of EUSA Cup may be awarded to those sport events that are yet to be considered to be put on the list of European Universities Championships.

EUSA may grant its patronage to already-established university sport events in Europe, helping to promote them through its networks.

## Educational Events

### Conferences, Conventions & Seminars

As well as our General Assembly, EUSA supports and encourages educational activities in the field of student sport. These are mainly realised by the events organized by EUSA: EUSA Conferences, EUSA Seminars, EUSA Symposiums and EUSA Conventions.

- *EUSA General Assembly* - the official meeting of the EUSA members and at the same time represents the highest authority and governing body of the organization

- *EUSA Seminars* - organized biannually, and usually accompany the General Assemblies and focus on subjects which are of interest for the member organizations.
- *EUSA Conventions* - organized annually as a training program for the organizers of the European Universities Championships and European Universities Games.

## PROJECTS

### EUSA Projects & Partnership Projects

Apart from the Sports Competitions and other Educational Events, the European University Sports Association also runs independent projects, together with other partners. EUSA is currently engaged with a number of projects in the fields of Gender Equality, Dual Careers, Active lifestyle, Volunteering and more.

#### 4 EUSA Rowing

The city of Jonkoping in Sweden hosted a EUSA Championship for the very first time, with a total of 504 participants from 82 universities and 22 different countries descending upon Lake Munksjon for the 2019 European Universities Rowing Championship, the 11th edition of this competition in the EUSA program.

Hungary's Szechenyi Istvan University emerged victorious in the Mixed Team Competition, winning four medals in total across all divisions.

Five universities tied for second place overall, namely Reading University (GBR), University of Bochum (GER), University of Hannover (GER), University of Linz (AUT) and Utrecht University (NED).



The European Universities Rowing Championship 2017 took place in Subotica, Serbia. In the most prestigious category, the Eights, was conquered by the Oxford Brookes University (GBR) who took gold in the women's category, reconfirming themselves in first position. In the men's competition, the Oxford Brookes University (GBR) were once again in fine form, also gaining the gold medal, defeating the Delft University of Technology (NED)

## 5 EUC 2022 Program

Sports	Location	Official Dates
Rowing	Istanbul, Türkiye	6-9 September

Due to the fact that the European Universities Games Lodz cannot host Rowing, it was decided that Rowing will be held elsewhere in 2022.

## 6 EUG 2022 Program in Lodz, Poland

Sports	Official Dates
3x3 Basketball	July 17-20
Badminton	July 25-30
Basketball	July 24-30
Beach Volleyball	July 16-20
Beach Handball	July 23-25
Chess	July 16-19
Football	July 21-27
Futsal	July 16-23
Handball	July 25-30
Judo	July 24-26
Karate	July 28-30
Kickboxing	July 16-18
Para Table Tennis	July 18-20
Sport Climbing	July 28-30
Swimming	July 27-29t
Table Tennis	July 16-20
Taekwondo	July 28-30
Tennis	July 16-21
Volleyball	July 16-22
Water Polo	July 16-21

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## 7 Schedule of the Event

Time	Event	Location
<b>5 September - Monday</b>		
	Team Arrivals	Campus Area
09:00 – 23:59	Accreditation	Campus Area
<b>6 September - Tuesday</b>		
11:00 – 15:00	Training	Golden Horn
09:00 – 23:59	Accreditation	Campus Area
18:00	General Technical Meeting	Campus Area
<b>7 September - Wednesday</b>		
08:30	Coaches' Meeting	Rowing Club
09:00	Weigh-in	Rowing Club
10:00 – 15:45	Competition	Golden Horn
20:00	Opening Ceremony	Campus Area
<b>8 September - Thursday</b>		
08:30	Coaches' Meeting	Rowing Club
09:00	Weigh-in	Rowing Club
10:00 – 14:35	Competition	Golden Horn
<b>9 September - Friday</b>		
09:00	Weigh-in	Rowing Club
10:00 – 14:30	Finals & Awards Ceremony	Golden Horn & Rowing Club
20:00-22:00	Closing Ceremony	Ferry Tour of the Bosphorus
<b>10 September - Saturday</b>		
12:00	Departures	

The above timetable may be subject to corrections depending on the weather and unforeseen events. Training may be cancelled in case of extreme weather conditions.



## **General Technical Meeting**

The General Technical Meeting (GTM) will be held on Tuesday, 6 September at 18:00, at the Conference Room in Yeditepe University, within the rectorate building, on the 5th floor. A minimum of one representative per each team must attend the meeting.

## **Opening Ceremony**

The opening ceremony will be held on Wednesday, 7 September at 20:00, at the İnan Kırac Conference Room in Yeditepe University, within the rectorate building on the 4th floor. Team uniform or team tracksuits to be worn and attendance is mandatory for all participating teams.

## **Award Ceremony**

Awarding ceremony for each competition will be held on Friday, 9 September after each final race at Golden Horn & Rowing Club. Medalists must attend wearing their race uniform.

## **Closing Ceremony**

The closing ceremony will be held on Friday, 9 September between 20:00-22:00. After the competition, The managers and the athletes will be heading back to the campus for personal needs (basically getting ready for the night), then the program follows a ferry trip around the Bosphorus with dinner. The shuttles will be leaving from the campus at 18:15. All participants are expected to take part, wearing their team kits (if applicable).

## **7 Rowing Competition**

- ❑ Lionel Girard TD EUSA
- ❑ Taner Karabulut OC Representative
- ❑ **İbrahim Erdoğan CTC (venue)**
- ❑ Beyza Öcal CTC (Secretariat)
- ❑ **Halil Yılmaztüt CTC (Umpires)**
- ❑ **Yalçın Özcan Türkiye Rowing Federation Representative**

## **III. Competition Venues and Services**

### **Competition and Training Venues**



Fatih Municipality Canoe and Rowing Sports Center

**Balat Hastanesi yanı, Ayvansaray caddesi, Park İçi Yolu, 34000 Fatih**

The length of the course from starting line to finish line is 1000 meters.

The Golden Horn also hosted the Golden Horn Rowing Cup'22 . More recently there has been large regattas which the Balkan Championship in 2017

## **Start**

Held starts via starting pontoons

The starting tower is located on water.

To guarantee finest conditions, there will be a warm-up and cool-down area beside the course.

## **Finish**

After the race, one might keep going for a bit to cool off. Turn from the buoy 300 meters in front, then leave from the shore-side exit piers.

Between the 300 and 700 meters of the race, supporters can watch from the coast. Overlooking the shore, one may observe the race.

## **Lanes**

The course has 6 lanes.

The wires are 13.50 m long, parallel to one another, and in a straight line.

## **System:**

The rowing course uses the 'albano system'.

## **Fatih Municipality Canoe and Rowing Sports Center area facilities for:**

Boat storage

Pontoons for getting boats in and out of the  
water Speed boats for umpires parking area

Meeting areas for crews and  
umpires Toilets

Room with umpire for weigh in for lightweight rowers

### **1.1 Rules and regulations**

EUC Rowing 2022 is in accordance with "Rules and Regulations for EUSA Sport Events", which contains Regulations, Protocol, Disciplinary Protocol and Technical Regulations for Rowing.

The competition will be conducted as agreed with the Technical Delegate of EUSA and in adaption to the specific conditions of the venue. The competition will be based to the most recent technical regulations of International Rowing Federation - The Fédération Internationale des Sociétés d'Aviron (FISA). The Rule Book is accessible online: [The Rule Book](#)

### **1.2 Trainings**

Prior to the days of competition, the Golden Horn is open for training but also for public. Thus, the public traffic rules of Golden Horn will apply. Please take other boats than rowing boats into consideration.

### **1.3 Weigh-ins**

Lightweight rowers and coxswains shall be weighed wearing only their racing uniform not less than one hour and not more than two hours before their first race of the, each day of the competition. Coxswains may be of either sex regardless of competing in a men's or women's event.

7 September: 09:00

8 September: 09:00

9 September: 09:00

Although the foregoing, if two rounds of the same event take place on the same day of competition and some rowers or coxswains in the second round do not have to race in the first round of that day, then these rowers in the second round shall be weighed at the same time as the rowers in the first round.

They shall present themselves as a crew at Rowing club wearing their racing uniform.

The Control Commission shall require presentation of each rower's or coxswain's Accreditation ID at the time of the first weighing of the rower or subsequently.

## 1.4 Bow number

Bow numbers can be collected at the Rowing Club House of Fatih Municipality Canoe and Rowing Sports Center.

## EUC Rowing 2022 - Provisional Competition Schedule

		Tuesday	Wednesday			Thursday		Friday		
EVENT	Entries	Training Day	Heat 1	Heat 2	Heat 3	Repechage 1	Repechage 2	Final C	Final B	Final A
LW1X	16		10:00	10:07	10:14	10:00	10:07	10:00	10:10	10:20
LM2X	11		10:21	10:28		10:14	10:21		10:30	10:40
M2X	14		10:35	10:42	10:49	10:28		10:50	11:00	11:10
LM4-	6		10:54							11:20
W2X	9		11:01	11:08		10:35			11:30	11:40
M4-	9		11:15	11:22		10:42			11:50	12:00
LW4X	4		11:29							12:10
M4X	10		11:36	11:43		10:49			12:20	12:30
LM2-	2		11:50							12:40
M2-	9		11:57	12:04		10:56			12:50	13:00
W8+	6		12:11							13:10
LM1X	18		14:00	14:07	14:14	11:30	11:37	14:00	14:10	14:20
W1X	10		14:21	14:28		11:44			14:30	14:40
M1X	11		14:35	14:42		11:51	11:58		14:50	15:00
W2-	4		14:49							15:10
LM4X	5		14:56							15:20
LW2X	7		15:03	15:10		12:05				15:30
W4-	8		15:17	15:24		12:12			15:40	15:50
W4X	5		15:31							16:00
M8+	11		15:38	15:45		12:30			16:10	16:20

Entries	Heat	Repechage	Semi Final
7 - 8	1→FA, 2→R	1,4→FA, 3→FB	
9-10	1,2→FA, 3→R	1,2→FA, 3→FB	
11-12	1→FA, 2→R	1,2→FA, 3→FB	
13 - 15	1,3→SA/B, 4→R	1,3→SA/B, 4→FC	1,3→FA, 4→FB
16 - 18	1,2→SA/B, 3→R	1,3→SA/B, 4→FC	1,3→FA, 4→FB

	S.Final 1	S.Final 2
LW1X	14:00	14:07
M2X	14:14	14:21
LM1X	14:14	14:21

## **2 Boat Rental**

Hand-over of boats will be carried out 11:00-15:00 on Tuesday, September 5 at the rowing club.

Return of boats will be right after the finals on Friday, September 9 at the rowing club.

## **3 Transportation**

### **Arrival**

For organizational means of shuttle buses, please make sure that you have announced your arrival times in your travel plan!

- a. Official airport – Istanbul Airport (IST) / Sabiha Gökçen (SAW)
  - Teams arriving to Istanbul Airport and Sabiha Gökçen in Istanbul, will be picked up by shuttle buses.
  - For organizational purposes of the shuttle, please make sure that you have announced your arrival times in your travel plan!

### **Departure**

Check out: Official departure day on Saturday, 10 September until 12:00 at latest.

Timetables with the individual departure times of shuttles will be provided at each accommodation and at Campus Area.

For organizational purposes of the shuttle, please make sure that you have announced your arrival times in your travel plan!

You can extend the date by paying the daily accommodation fee as 70 Euro/night/person.

Transportation from and to Airport is provided by OC on the official day of arrivals/departure. People coming/leaving on different days have to provide transportation by themselves.

*Official arrival day is 5th of September and official departure day is 10th of September.*

#### Local Transportation within Istanbul

There will be shuttles transporting all EUC Rowing 2022 participants between Campus Area and the Rowing Club House.

To access the shuttle service, participants must always wear their accreditation

badge. Public Transportation within Istanbul

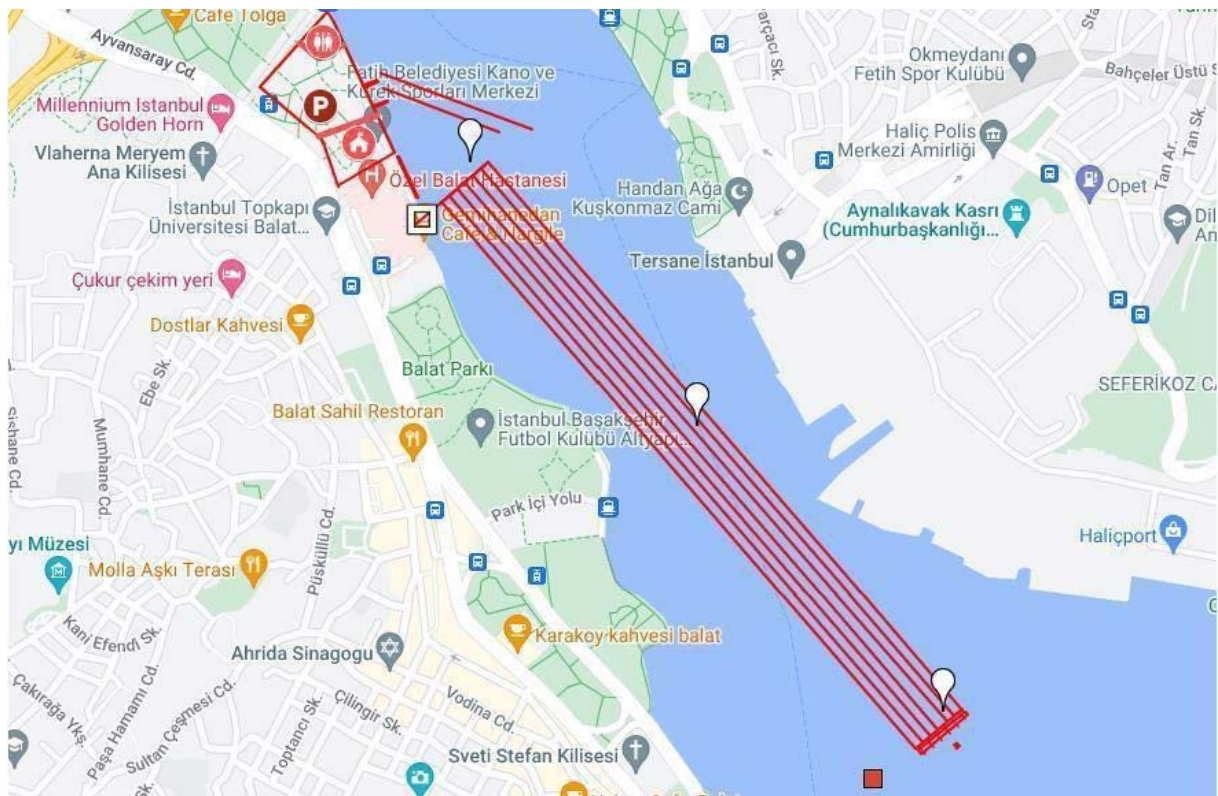
The cost of using public transportation is not covered by the OC. (An average single trip costs **30TL, which is approx. €1,66€**)

Please check the timetable at <https://www.ibb.istanbul/en>

## 4 Parking Facilities

### Trailers

Trailers and large buses can park by the rowing house in a dedicated boat storage parking lot. It is a secured and locked area.



## Public Parking

There is parking area in the Campus Area.

For the course area there, the parking lot of the Balat Hospital is being used.

## 5 Accommodation

Participants will be accommodated in the student dorms in Yeditepe University, which is held by Anatolian side of the Istanbul.

Course regatta will be held on Europe side of the Istanbul. In that regard there will be shuttle services available between Campus Area and the Rowing Club during the competition and training days, for your convenience.

Room lists are prepared by the local organizing committee, based on the individual entry forms.

The following principals has been used when creating room lists:

Athletes and official do not share room.

Athletes from same country can be accommodated in the same room even if they are not from the same university.

EUSA personnel, VIP's and others will be accommodated in the same hotel.

Each Head of Delegation (HOD) plus one more person from the team are asked to come to the accreditation at Campus Area. Each HOD will receive a list with all team members placed in rooms.

Check in: Rooms are available from September 5th, the day of arrival at 09:00 am

Check out: At the latest September 10th. At 12.00 pm

There is free Wi-Fi available at the university and Rowing club.

EUC Accommodation Coordinator: Eren Can (eren.can@yeditepe.edu.tr - +90 216 578 00 12)

Men's Dormitory: Enes Yüksel ([enes.yuksel@yeditepe.edu.tr](mailto:enes.yuksel@yeditepe.edu.tr))

Women's Dormitory: **Sevcan Dalgakıran** ([sevcan.dalgakiran@istek.org.tr](mailto:sevcan.dalgakiran@istek.org.tr))

QR code of the venue

Check your route to EUC Rowing venues from your accommodation by scanning the QR code below!



## 5 Catering

Three meals will be provided to all participants during the championship, according to the schedules below:

Breakfast: Monday, 5 September until Saturday, 10 September (05:30–09:00) at the Social Activities Building (shown as number 3 in the Campus Map in the QR code above)

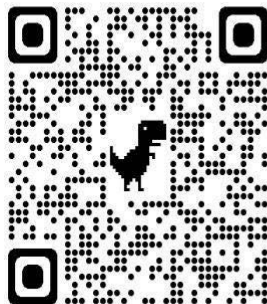
Lunch: Monday, 5 September until Thursday, 9 September (12:00–14:30) (food will be provided in both places for participants who are staying at the campus and also for participants at the venue, depending on the competition schedule. Please let our Catering Manager know where the participants will be eating 1 day beforehand.)

Dinner: Monday, 5 September until Wednesday, 8 September (18:00–21:00)  
On Friday, 9 September, dinner will be organized on the ferry.

## 6 Medical and Security Services

Emergency numbers: **112**

Medical Services: +90 216 578 02 42





General information of health care service: Medico Social building (shown as number 4 in the QR code & map above).

In case of emergency, medical services will be provided by Balat Hospital in Fatih, which is near the competition venue. Ambulances are going to be mandatory anyway.

General security: Rectorate building (+90 216 578 00 15) (shown as number in the QR code & map above).



**YEDİTEPE UNIVERSITY**

**FACULTY OF HEALTH  
SCIENCES  
DEPARTMENT OF  
PHYSIOTHERAPY &  
REHABILITATION**

In the European Universities Rowing Championship which will be held in Istanbul, Turkey, between September 6-9 2022, hosted by the Turkish University Sports Federation (TUSF) and the Yeditepe University; physiotherapy, manual therapy, and recovery services to support athletes will be given by Yeditepe University Physiotherapy and Rehabilitation Department both on campus and in the competition area.

For our physiotherapy services and counselling on campus on 4-5 September; you can contact expert sports physiotherapists in our department to get information and make an appointment time. Labs are generally suitable between 10.00 am to 5:00 pm; with a lunch break between 12:00 to 1:30 pm. For our physiotherapy and rehabilitation counselling in the race area between 6-9 September; you can come to our stand and get information and consultancy.

## CONTACT INFORMATION

Department of Physiotherapy and Rehabilitation

Contact person: MSc. **Sports Physiotherapist Ash YERAL**

Phone: +90 537 965 84 94

E-mail: asli.yeral@yeditepe.edu.tr

Address: Physiotherapy and Rehabilitation Department Labs, English Preparatory Annex Building, 7 floors/Yeditepe University



## 7 Accreditation

Address: Campus Arena, Yeditepe University, Accreditation Procedure

1. Upon arrival, each university shall send max two persons (Head of Delegation plus one) that is responsible for the accreditation of their university.
2. They must have the following documents of the entire team:

- List of team members
- Passport/ID- the same document that was used for the individual entry
- Certificate of Academic Eligibility
- Transfer receipt of fees paid
- Covid Self Declaration Form (should be signed by every participant and should be brought with them)

Make sure that your responsible university or association has paid the participation fees in advance

The accreditation procedure will be divided into five stages:

1. First stage: Documents Check
  - a. It will be checked if all participants are declared correctly

- b. It will be checked if all payments have been settled. If payments are incorrect, the payments will be resolved at this stage.
- c. It will be checked if we have the correct rowing discipline from your team – there will be an opportunity for amendments here
- d. Needed documents and information:
  - i. List of all team members
  - ii. Races your team is registered for
  - iii. Transfer receipt as proof of payments
- 2. Second stage: Finances
- 3. Third Stage: Accommodation and Catering
  - a. Participants will receive their designated accommodation information.
  - b. Participants must double check their departure times to make sure the Organizers have the correct information.
    - i. Departure time
- 4. Fourth Stage: EUSA Control Commission
- 5. Fifth Stage: Welcome gifts

If you lose your Accreditation ID, you can get a new one at Campus Arena.  
**We reserve the right to charge a handling fee of €50 for it.**

Photographs and videos will be taken throughout the event for documentation purposes. These photographs may be used by the organizing partners for future promotion and information purposes. Participants who do not wish to appear in such materials should notify the OC at accreditation.

## 8 Insurance

Each team must have their own insurance when travelling to EUC Rowing 2022.

## 9 Information Centre

There will be information tent set up by the fan area, as well as an info center by the rowing club house.

## 10 Online Information

- a. Webpage
  - i. <https://rowing2022.eusa.eu>
- b. Social Media
  - i. Channels

Facebook - [EUSA Rowing 2022](#)

Youtube - [EUSA Rowing 2022](#)

Twitter – [EUSA Rowing 2022](#)

Instagram - [EUSA Rowing 2022](#)

- ii. Hashtags
  - 1. #EUCRowing2022
  - 2. #studyatyeditepeuniversity
  - 3. #rowingatGoldenHorn
- c. Live streaming – can be watched Between 10:00–12:00 on Wednesday - 7 September, Thursday - 8 September, Friday - 9 September
- d. To watch the live stream of the event, please scan the QR code below, on your device.



- e. EUSA Result Management System

Team placements will be listed on the Turkish Rowing Federation website and posted up at the competition venue. The points will be updated throughout the day.

#### **IV. Rules and Regulations**

##### **1. Technical Regulation**

“EUSA Rules and Regulations 2022 can be found on the EUSA webpage. This includes all general rules and regulations, as well as sport specific rules and regulations.”

##### **2. International Regulations and Exceptions**

The organization of the EUC Rowing shall be mainly based on the most recent Technical Regulations of International Rowing Federation (FISA).

##### **3. Eligibility to Play**

REG 55

Only the following may participate as competitors:

REG 55.1 Students who are officially registered for and pursuing a course of study at: university, or similar institute with the status as an institution of higher education recognized by the appropriate national authority of their country. Participation of university teams from disputed territories is possible only for universities recognized either by the European

University Association or the International Association of Universities. Such Universities will compete under University and EUSA flag. A student shall confirm his status by delivering completed, signed, and sealed EUSA Certificate of Academic Eligibility (Individual Entry).

REG 55.2 Former students of the institutions mentioned above who obtained their academic degree or diploma in the academic year preceding the EUC.

REG 55.3 Competitors shall not be younger than 17 (seventeen) and older than 30 (thirty) years (by formula: the EUC Year –competitor’s year of birth = age).

REG 56 If the official(s) of a delegation deliberately misinform the SCAC Chair about the eligibility of a competitor(s), the participant and the team of the sport concerned will be excluded from further participation in the current event: such fraud may give grounds for the termination of that country’s membership of EUSA.

## **V. Competition Information**

1. Competition Format
2. Competition and Training Program – appendix
3. Match Countdown
4. Sport Info Desk

There will be a sport info desk location at the rowing club house.

### **5. Protest on non-technical matters**

REG 31 The SCAC is the highest authority of the EUC and controls overall organizational and technical aspects of the EUC. The SCAC main functions, but not limited to, are: the supervision and smooth running of the EUC, settling any dispute, dealing with complaints or protests of a non-technical nature, taking emergency sanctions against participants (teams or individuals) who violate the EUSA Regulations, deciding on any other matters not covered in these Regulations, at the time of the EUC.

### **6. Protest on technical matters**

REG 36 CTC supports SCAC and is responsible for: confirming the competition system (format) and daily schedule, dealing with any complaints or protests of technical nature and taking sanctions of a technical nature, appointing additional bodies and allocating responsibilities which might be required by rules of the concerned ISF/ESF or by necessities of the competition.

REG 68 The HoD or authorized representative of the team may protest on behalf of competitors or team. Each protest shall be accompanied by a deposit of two hundred (200) EUR except for the following sports: Basketball, Beach Handball, Handball, Football, Futsal, Volleyball and Water Polo where the deposit is five hundred (500) EUR. If the protest is upheld, the fee will be returned.

**The protests shall be submitted:**

REG 68.1 within twenty (20) minutes after the end of the match, to the TD, for the match issues,

REG 68.2 before the start of next competition day, to the TD, if concerns results published by the OC,

REG 68.3 during the competition to the CTC for technical issues,

REG 68.4 during the competition to the SCAC for non-technical issues,

REG 68.5 within 7 (seven) days after the EUC to the EUSA EC.

## **VI. Participating Teams**

### **1. Competition Entries**

The final list of Competition Entries will be included within the appendix.

### **2. Athletes Sport Equipment and Clothing**

Racing uniforms shall be in line with FISA regulations, including FISA advertising regulations. The racing uniform shall represent either the university of the team or of the NUSA responsible for coordinating their EUSA entry. The competition head umpire & EUSA representatives shall have power to decide to on & enforce the interpretation & implementation of these rules.

### **3. General Technical Meeting and Daily Briefing**

The General Technical Meeting (GTM) will be held on Tuesday, 6 September at 18:00, in the Yeditepe University Rectorate Building on the 5<sup>th</sup> floor. A minimum of one representative per each team must attend the meeting.

Yeditepe University  
6 September, Tuesday, 2022

18:00

The participation at GTM is compulsory for all teams.

#### Agenda of General Technical Meeting

1. Welcome
2. Presentation of SCAC Members
3. EUC description by OC
  - o Catering
  - o Opening Ceremony Schedule
  - o Closing Ceremony and Farewell
  - o Traffic Rules on Golden Horne
  - o Parking Facilities
4. EUSA Technical Delegate's presentation of tournaments' regulations, referees, competition schedule
5. Setting up a Technical Committee (composed of SCAC members, referees' representative, two representatives of participating universities)
6. Roll call of rowing disciplines
7. Questions and answers

Daily briefing half hour an after last heat will be held at the same place.

Fatih Municipality Canoe and Rowing Sports Center

#### **4. Draw Procedure**

The draw procedure will take place at the GTM by the OC. The results will be published on the championships official website.

#### **5. Fair Play**

Fair play is deeply embedded in the values of EUSA. The objective of promotion and encouragement of Fair Play is already set in the statutes of EUSA, as part of the core objectives of the organization. Partnership with the European Fair Play Movement in 2013 proves this even more. Since 2007, EUSA announces the best gesture of fair play in its sports event for the current year and awards the winners the special fair play recognition, Enno Harms Fair Play Award, named after the first EUSA President, a person very much devoted to fair play. At every EUSA sport event, the organizers, EUSA representatives, and technical delegates pay special attention to the fair play gestures and attitude throughout the duration of the event. By participating at an EUSA sport event, participants are thereby swearing on an oath of respect and fair play. The oath is announced to the world by the student athletes, and by the officials before the official opening of any EUSA sport event.



Fair play was an unwritten rule, a moral value that represented the real essence of sport. Opponents had to be appreciated, the better they were, the more valuable they became. More than ever, it is vitally important to defend the values intrinsic to sport: respect for oneself and others, solidarity, and fair play. Through sport and values like fair play, that encompasses respect, friendship, team spirit, fair competition, sport without doping, respect for both written and unwritten rules, equality, integrity, solidarity, tolerance, care and joy, we can contribute to building a peaceful society and ultimately a better world.

European University Sports Association (EUSA) is a partner of the European Fair Play Movement (EPM), and strongly promotes the spirit of Fair Play. Its values are deeply embedded in EUSA and it have been emphasizing the importance of sportsmanship and the positive approach to the sport from the very start. In this way EUSA awards the exemplary behaviour in the sport field and will continue with the same practice in the future.

On this year's European Universities Games 2022 in Lodz, Poland, the Fair Play award was present for technical aspects of the games at various medal ceremonies in futsal, handball, beach handball, football, basketball and 3x3 basketball. Regardless of the sport, the officials and athletes may nominate an individual or team for the special Enno Harms Fair Play Award, which is given annually by EUSA for special fair play gestures and attitude.

## **6. Anti-Doping**

Doping is not a guarantee of success in sport. In fact, its effect is usually the opposite. A lot of elite sportsmen and sportswomen who did doping got caught. As a result, they lost pride and were banned for at least 2 years from participating in a sport they loved and lived for. An even bigger problem of doping are the effects on the body.

In elite sports, doping is defined as a violation of one or more anti-doping rules:

1. Presence of a prohibited substance in an athlete's sample
2. Use or attempted use of a prohibited substance or method
3. Refusing to submit sample collection after being notified
4. Failure to file athlete whereabouts information & missed tests
5. Tampering with any part of the doping control process
6. Possession of a prohibited substance or method
7. Trafficking a prohibited substance or method
8. Administering or attempting to administer a prohibited substance or method to an athlete

You can find the list of prohibited substances and methods on the internet. It's updated every year by the World Anti-Doping Agency (WADA) and it's valid for every sport. You should check every substance you are taking. Athletes need to completely avoid steroids,

erythropoietin (EPO), stimulants, human growth hormone (HGH), marijuana and narcotics, and pay special attention also to dietary or nutritional supplements.

EUSA is active in Anti-Doping promotion, and has been a partner in the European Anti-Doping Initiative (EADIn), project aimed at establishing an European-wide Anti-Doping mentality in the youth sector by establishing a moral tenor towards concepts such as Fair-play, sensitizing and raising awareness on all levels of the complex social environment surrounding the doping problematic and implementing strategies to motivate young people to pass on the message and create a strong multiplying effect. Also, the International University Sport Federation (FISU) has been actively promoting sports without drugs, also on university sport level.

EUSA is currently not enforcing doping tests at our events. In accordance with the national legislation of the host countries, however, doping controls may be implemented by the National Anti-Doping Agencies. If such doping tests are executed, the WADA rules and regulations are applicable to all athletes. Please remember that testing can be conducted in-competition and out-of-competition. If you are identified in a Registered Testing Pool (RTP), you must provide current and accurate whereabouts information.

What can you do to be an excellent sportsman or sportswoman?

- Practice right and live healthy
- Get more information about consequences of Doping
- Play fair and be a good role model to younger athletes
- Be committed to sport without doping

Doping? No, thanks!

## **VII. Awards**

### **1. List of Awards**

- Cups (Team) (Men's team and Women's team)
  - o Achievement: 1st, 2nd, 3rd
  - o Title: European Universities Rowing Championship
  - o Category: Eights

- o Title: European Universities Rowing Championship

### **2. Rowing Regulations of Other Awards**

Achievement: "Special Gift"

- o Category: All Categories
- o Title: Best NUSA

### **3. Awards Ceremony (protocol, place, time etc.)**

Awards Ceremony for each competition will be held on Friday, 9 September after each final race at Istanbul, the Fatih Municipality Canoe and Rowing Sports Center. Medalists must attend wearing their race uniform. Place 1-3 dock first, come to the ceremony area immediately after the respective race.

### **4. Diplomas and Certificates (Participants, Referees, Volunteers, Achievements)**

Diplomas and certificates will be provided to the following:

Participants

Volunteers

## **VIII. Protocol, Ceremonies & Accompanying Program**

### **1. Opening Ceremony**

The opening ceremony will be held on Wednesday, 7 September at 20:00 at Yeditepe University. Team uniform or team tracksuits should be worn and attendance is mandatory for all participating teams.

Dinner time should be finished by 19:15.

All teams should gather by the Rectorate Building at 19:30 on the 5<sup>th</sup> floor.

All participants of universities and countries should be ready in a line with the help of the volunteers by 19:50 to go in the opening ceremony.

The ceremony begins at 20:00.

One representative of each team is asked to gather between 19:40-19:45 to be handed out signs of their university and to line up for the entrance of the Opening Ceremony – this person will participate in the opening ceremony by carrying the university signage across the stage.

Team uniform or team tracksuits to be worn and attendance is mandatory for all participating teams.

### **2. Closing Ceremony**

The closing ceremony will be held on Friday, 9 September at 20:00. Shuttles will be leaving from Yeditepe University (Kayışdağı) to Bostancı for the ferry trip. The dinner will start on the ferry. All participants are expected to take part of the organization.

We appreciate if you come wearing your team kits.

### **3. Farewell Party**

- A farewell party will be held on Friday, 9 September after the closing ceremony of the event on the ferry. Let's celebrate the new European Universities Champions together. Please make sure to wear your accreditation cards here as well. We kindly ask for your understanding that entry for people carrying bottles or people obviously under any influence will be rejected.

#### 4. Social and Cultural Activities

##### Master Program Exhibition

- During the championship, participants have the privilege to explore the opportunities of Yeditepe University
- At Campus Area there is a master program exhibition – where participants have the chance to see if Yeditepe University is the right match for the future
- It will be at Campus Area and will be available for university students. EUSA Exhibition

European University Sports Association (EUSA) launched an Exhibition on University Sport in Europe in 2014.

The project, supported by the International University Sport Federation (FISU), enables an overview of the development of university sport, with a special focus on European context. In Europe, sport movement covering the field of higher education and involving university and college students has a strong and long tradition.

The exhibition features seven standalone panels in form of towers, grouping the contents according to topics:

- University sport in Europe
- European University Sports Association
- European Universities Championships
- European Universities Games
- Education, social responsibility & partnerships
- Honoring the best

This program will be available for everyone at the Golden Horn (participants, friends, family, university students, staff, etc.)

##### VIP/ Official Welcome Reception

- **On Thursday, 8<sup>th</sup> September at 19:00**, Yeditepe Erasmus Networking will host a reception for representatives of each of all participating universities, of Yeditepe University and of the Organizing Committee in Istanbul.

- Representatives from the universities is cordially invited to attend the reception. You are asked to dress smart casual or in your official team kit.
- **The reception will be held at Marmara Yelken Kulübü (Kadıköy) at 19:00.** ○ The Accreditation Card, together with the invitation, which will be handed out at the accreditation, is valid as an admission ticket to the event.
- **Address: Bağdat Caddesi, Cami Sokak, No:17, Erenköy – Kadıköy / İstanbul**

### **Special Thanks to;**

- ☐ Istanbul Governorship
- ☐ Turkish Olympic Committee
- ☐ Istanbul General Directorate of Youth and Sport Fatih Municipality
- ☐ Istanbul Provincial Security Directorate
- ☐ Coast Guard Marmara and Straits Regional Command **İstanbul Provincial Directorate of Health**
- ☐ Istanbul Port Authority
- ☐ City line Ferry Port inc. General Directorate
- ☐ **İBB (Istanbul Metropolitan Municipality) European Side Parks Department İBB Waste Management Branch Office**
- ☐ Fatih Municipality Canoe and Rowing Sports Center
- ☐ Yeditepe University's Hospitals
- ☐ Balat Hospital
- ☐ Sports Volunteers
- ☐ Association Volunteers